

What is Permanent Makeup?

Permanent Makeup is the process of placing sterile hypoallergenic cosmetic pigments into the dermal layer of the skin using single use disposable needles. PMU is not the same procedure as conventional tattoos. Unlike conventional tattoos PMU pigments will fade over time. We use different pigments for the face, not carbon ink. It's called permanent because even though it fades, particles remain in the skin. The areas to be treated are numbed using approved topical anesthetics to make your experience a comfortable & pleasant one.

The healing process is at least 4 weeks and each service requires a touch up, which will be scheduled at the time of the procedure for four to six weeks out.

Is it really permanent?

YES & NO. Only the finest permanent makeup products and pigments are used, but they will soften or fade in color over time, typically one to ten years. Even as the permanent makeup fades and becomes less visible, there will always be particles in the skin. The natural elements, anti-aging creams, sun exposure, sweating, tanning beds and just age of the permanent makeup will without question fade the effect over time. It is recommended you get color boosts periodically to freshen up and maintain your natural look.

The better you take care of the treated area and follow the provided aftercare, the longer it will last.

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ADVISORIES and Frequently Asked Questions

Permanent Makeup is an art, NOT a science. Clients' results will vary and using a pencil or powder may still be needed. We have no control over your bodies' healing process! Each time the procedure is done, the pigment will have less retention due to scar tissue. At some point the procedure can no longer be performed due to scar tissue and the aging of the skin. Typically it can be done two to six times, but it varies from person to person.

- **Have you had permanent make up, previously?**

Typically Microblade strokes over faded (but not gone) tattoos will blend into the old tattoo. We DO NOT recommend Microblade touch ups over previous tattoos and we do not work over work done by other artists. Feel free to ask The Boss to contact you in the future as additional solutions may become available, or email us pictures of your brows and we may be able to make suggestions.

- **Are you pregnant or nursing?**

It is important to recognize that during pregnancy or while breast feeding evidence has shown that one may experience a weakened immune system. Having an open wound such as Permanent Make Up can cause bacterial infections, which could pass through to the breast milk or impact your pregnancy. Please allow six months after delivery and six months after breast feeding ends.

- **Are you scheduled for or considering vision correction surgery?**

Permanent Make Up is best performed one month prior to laser surgery or three months after.

- **Are you on blood thinners such as Coumadin, etc., Steroids such as Prednisone, or Chemotherapy/Prophylactic Chemotherapy?**

Schedule your procedure at least three months after your treatment schedule is complete. Medical clearance will be necessary.

- **Have you had an organ transplant?**

As general industry practice Permanent Make Up/Tattoos are not performed because transplant patients are at a greater risk for infection when on an immunosuppressant.

- **Are you diabetic?**

As a diabetic, before deciding to have Permanent Cosmetics done you must be healthy and ensure that your diabetes is well controlled. High blood sugar levels, for example, can complicate the healing process and increase the risk of infection, which will ultimately ruin the final results. Blood pressure should also be kept within the recommended range. Bear in mind that your blood sugar level may rise whilst your service is being done.

- **Have you recently had facial surgery, Botox, fillers such as Restalyne, Sculptra, etc., or any type of lip augmentation?**

It is very difficult, even with an experienced injector, to achieve exactly the same Botox lift of the brow and exactly the same brow arch with each Botox session. Ideally, it would be best to let your Botox/fillers wear off completely before having Permanent Make Up. Botox or fillers can be done 3 or more months after you have healed; that way the injector is viewing your "natural brow".

- **Are you on Accutane for treatment of Acne?**

DO NOT SCHEDULE. You must wait 1 year after the treatment is complete.

- **Do you have any dermatologic disorders such as Shingles, Rosacea, Eczema or Psoriasis, and are they active?**

If they are active they must wait until they have calmed down. People whose skin is extremely thin AND who suffer from rosacea should not get Microblading. This type of skin makes it almost impossible to Microblade without excessive bleeding, which dilutes the color, leading to very weak and poor results. There are other options available though, so ask The Boss!

- **Do you plan on going on a vacation (in the sun) in the next 2 weeks?**

DO NOT schedule immediately before a vacation; schedule no less than 3 months before a major event! Pigments implanted in tan skin will heal darker, appear ashy and WILL NOT look like hair strokes. For the most consistent results, the area of your procedure MUST BE KEPT OUT OF THE SUN AND COMPLETELY DRY for an absolute minimum of 7 days.

NO SALTWATER (OCEAN) for 30 DAYS before and 30 DAYS after the procedure.

- **Do you have a joint replacement? Do you have any medical condition that has you presently in the care of a doctor?**

Please acquire medical clearance before Microblading.

- **Are you using any of the following: Benzoyl Peroxide, Salicylic acid, Retin-A's or any bleaching or acne medication?**

Do not schedule for at LEAST 2 WEEKS, preferably 30 days, so that your skin has been alleviated of product use. Even if you are using these products on your chin and not the proposed treatment area, these chemicals migrate throughout the face and body due to blood circulation and cause skin to be thin and to easily bleed, delaying healing and/or negatively impacting your end results.

- **Do you have any Heart Conditions, or a Pace Maker/Defibrillator?**

If you are any of these medications, you will bleed and the pigment WILL NOT retain:

Triflusal (Disgren)
Clopidogrel (Plavix)
Prasugrel (Effient)
Ticagrelor (Brilinta)
Ticlopidine (Ticlid)
Cilostazol (Pletal)
Vorapaxar (Zontivity)
Dipyridamole (Persantine)
Coumadin
Pradaxia (dabigatran)
Xarelto (rivaroxaban)
Eliquis (apixaban)
Savaysa (edoxaban)

- **Are you experiencing Menopause, hot flashes, or does your body temperature run hot?**

If you have hot flashes during the procedure, the pigment may not retain and The Boss may have to stop.

- **Are you on your menstrual cycle?**

Getting a procedure while on your menstrual cycle can make you hypersensitive at the procedure site.

- **NO LASH/BROW GROWTH SERUMS ON BROWS AT ALL FOR 60 DAYS PRIOR AND IT IS NOT RECOMMENDED FOR USE ON THE BROWS AT ALL AFTERWARD.**
- **No chemical peels or lasers 60 days prior or 60 days after.**

Avoiding the forehead is recommended. If you do frequent peels and lasers the brows will fade more quickly due to the chemicals traveling under the skin.

- **DO NOT TWEEZE, WAX OR THREAD FOR 7 DAYS PRIOR!**

Contraindications:

- **Alopecia** (Hair loss due to autoimmune disease)

Hair strokes will appear more blurred or blended.

- **Trichotillomania** (Compulsive pulling of body hair)

Due to constant pulling, scar tissue is prominent and pigment may not heal properly.

- **Shingles** (if you have EVER had shingles on your face)

No exceptions. PMU will not be performed as the procedure could cause a flare up.

- **Eczema, Psoriasis or Dermatitis in or around the brow area**

Constant flaking/itching/irritation/shedding of skin are likely to occur.

- **Oily or severely oily skin**

The hair strokes will appear more blended, solid or not retain at all.

- **Large pores on your forehead and in the brow area**

Pigment will blur/blend in large pores, looking powdered.

- **Hemophilia** (Bleeding Disorder)
- **Platelet Disorders** (Aggregation Disorders)

An aggregation disorder is when platelets do not bind with fibrinogen and other proteins in order to stick to other platelets. As a result the platelets cannot form a plug to stop the bleeding from a damaged blood vessel.

- **Moles/raised areas in or around the brow area**

Pigment will not be put into anything raised.

- **Piercing in the brow area**

Scars can cause the pigment to migrate.

- **Deep wrinkles in the brow area**

The Hair Strokes will not lie properly in the creases, giving the brow an uneven look.

- **Hair transplant for your eyebrows**

Pigment will not take in the scar tissue where the plugs were placed.

- **Thyroid condition and taking medication for this condition**

(Hypo, Hyper Thyroidism, Graves Disease, Hashimotos)

- **Rosacea** (severe reddening of the face)
- **Fitzpatrick Skin types 1** (red heads/white skin/light eyes/rosacea)

Due to hypersensitivity the skin does not always take the pigment well.

- **Auto Immune Disorder of any kind** (MS, RA, Lupus or the like)

Due to the medicines to treat these diseases, pigment will not retain.

- **Use of Fish Oil or other supplements within two weeks of procedure**

Do NOT take Aspirin or Ibuprofen (NSAIDs), Fish Oil, Niacin or Vitamin E unless medically necessary for 72 hours prior to your procedure. Tylenol (Acetaminophen) is fine.

- **MRSA**

MRSA can be very contagious.

- **Extremely Thin skin** (Transparent, translucent or very vascular)
- **Frequent Exercise** (5-7 days per week)

Due to the frequent production of sweat, the pigment WILL NOT retain, fade very quickly, appear blurred or change in color.

- **If you are knowingly under the influence of drugs or any mood altering drugs/medications** (ie: Prozac, Xanax, Valium)

Also avoid alcohol or caffeine the day before & prior to the procedure; this will minimize any oozing/bleeding or swelling after the procedure.

- **If you bleach your eyebrows**

It is recommended not to have this procedure done. The chemicals and pigment WILL bleach the hair.

- **If there are any skin imperfections or irritation IN or AROUND the area of the procedure**

For blemishes, pimples, active cold sores, moles, bruises or other irritations The Boss WILL NOT be able to do the procedure until the blemishes or areas of concern are completely healed or the mole is removed and healed.

THESE CONTRAINDICATIONS CAN ALSO PRESENT LATER IN LIFE. FUTURE PROCEDURES MAY NOT BE PERFORMED

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AFTERCARE

There are **NO GUARANTEES** made as to the final outcome. Your skin, lifestyle and aftercare play a huge roll in **YOUR** results. **EVERYONE** heals differently, and not everyone is a candidate for a PMU procedure. There may be other contraindications not listed and your appointment may be canceled in event of a contraindication. This is left up to The Boss' discretion; she will be totally honest with you.

Some residual swelling is normal for **ALL** procedures. Most swelling occurs on day two or three. As a needle was placed in your skin, there **WILL** be swelling, but how much is individualized.

The area may appear uneven, dry, itchy, tender, red and irritated. This is all **100%** normal. **DO NOT PICK**. These symptoms will dissipate each day and vary on an individual basis.

Color **WILL** fade/soften anywhere from **10%** to **50%** or more. At the touch-up we will fine tune any area that has faded too much. Healing is specific to each client. It is important to realize that you will need a color boost about every two years to maintain its fresh natural appearance. Fading **WILL** happen after each procedure. We do not have control over your bodies' healing process. You may need still to powder and/or pencil even after healing. This is an enhancement to your natural brows, not a permanent one. At some point you will no longer be able to have your brows done. Each time a procedure is performed, scar tissue is made; this is universal. The pigment will take less and less each time.

Due to the buildup of scar tissue, touch-ups will not be done any sooner than two years after the first touch-up.

- **Absolutely No Water** on them, Sun, Sweating, Exercise or Exertion of any kind
- **Avoid direct shower water** on the treated area after the procedure. **Absolutely NOTHING** on the treated area: no water, no makeup, lotions, pencil, etc. for 14 days. Avoid scrubbing the treated area for at least 1 month.
- **Avoid sleeping on your face** during the first 14 days after the procedure.
- **Smoking WILL** cause the pigment to fade prematurely and anesthetics will not last as long.

- No swimming until the area is completely healed; salt water/chlorine WILL cause the pigments to fade or change in color. You can apply Vaseline to the treated area prior to swimming even after healed to prevent the chlorine water or salt water from penetrating the area.
- Only touch the treated areas with squeaky clean hands during the healing process.
- DO NOT RUB, SCRATCH OR PICK AT THE TREATED AREA. Let any scabbing, flaking or dry skin naturally exfoliate off. Picking can cause scarring or infection.
- Plan on scheduling your first touch-up within the first 6-12 months.
- If you get your eyebrows waxed or tinted it is recommended to wait at least 10 days to have them waxed and 30 days for tinting after the procedure.
- Regular makeup can be worn immediately after your procedure, just not on the treated area until healed. You can begin applying Grapeseed Oil to the eyebrows after 72 hours in the morning or evening, for 11 days.
- The eyebrows WILL appear bolder immediately after the procedure. This is common in all Permanent Makeup applications; it will begin to soften up typically within three to 30 days. When choosing a color, it is recommended to go lighter until we see the healed results. We can always go darker at the touch up, but we cannot go lighter!
- Hair strokes WILL appear crisp and bold at first, but WILL soften up in appearance as the tissue heals. The area will shed, taking some color with it; this is normal. The area will begin to oxidize and darken over the first month.
- It is very common to have areas fade more than others. This is part of the healing process and will be treated at the recommended touch up appointment. Previously done eyebrows may take one to three treatments to achieve the desired result. Scar tissue in the brow area of eyebrows done multiple times WILL require additional procedures and fees will apply.
- When you leave the office your hair strokes are intact. That is the job of the technician. There ARE NO GUARANTEES made as to how your body will heal them. If they fade, blur or not take good, that is the result of YOUR skin, your lifestyle....not a result of the technique or the technician. NO one knows how the clients skin will heal. This is a potential risk all clients take when consenting to this procedure. NOT everyone is a candidate for this procedure.

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